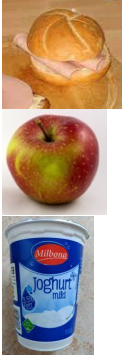


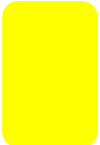
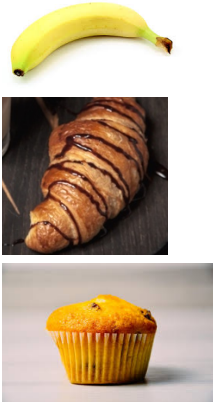
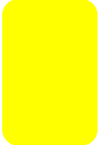



Meine Pausenbrotanalyse

Name	Foto	+ Gesund? - Ungesund?	Grüne, gelbe oder rote Karte?
Wurstbrot Apfel Joghurt		+Kohlenhydrate + Protein + Vitamine + Fructose	
Schokoriegel Birne Kekse		+Vitamine + Protein + Kohlenhydrate + Fructose -Zucker -Fett	
Banane Croissant Muffin		+Vitamine + Fructose + Kohlenhydrate -Fett -Zucker	
Kekse Chips Gummibärchen		-Fett -Zucker - Salz	